

## CHILDREN'S MENU

\* Veggie options available

### CHILDRENS BREAKFAST \* £5.25

(Served until 11.30am) Local pork sausage, bacon, fried organic free range egg, baked beans & toast

### CHARGRILLED CHICKEN PITTA £5.95

Free range marinated chicken breast pieces in a salad filled pitta bread with Blue Sky Chips

### SAUSAGE, CHIPS & BEANS \* £4.95

Local pork sausages, Blue Sky chips & beans

### PASTA BOWL £3.95

Pasta with tomato sauce or pesto sprinkled with grated Welsh Cheddar

### PITTA BREAD PIZZA \* £3.50

With tomato sauce, Welsh Cheddar & home baked chicken and a smiley face salad garnish

### SAUSAGE OR BACON ROLL £3.25

Two local sausages or two rashers of dry cure bacon

### KIDDIES SOUP IN A CUP £3.25

Our homemade soup of the day in a Blue Sky cup with a slice of oat bread and butter

### BLUE SKY ICE CREAM £2.55

Two scoops of vanilla ice cream & a chocolate flake

• add Marshmallows 30p

## CHILDREN'S DRINKS

### HOT CHOCOLATE £2.65

A miniature "the works" in a cup with whipped cream, marshmallows and a flake

### BAMBINO CAPPUCINO 95p

Frothy warmed milk in a 6oz cup with chocolate sprinkles

### CLOUDY APPLE OR ORANGE JUICE £1.25

### BLACKCURRANT/ORANGE SQUASH 95p

### GLASS OF MILK 95p

### DAIONI ORGANIC MILKSHAKES £1.75

Good food is created with love and care, with respect for the producers and for the environment. That's why here at Blue Sky we try our very best to source food that is socially and environmentally sustainable.

Chrissy, Matt and the Blue Sky team bring this all together to serve you food that is imaginative, tasty and wholesome

All our cans, papers, magazines, bottles, cartons, cardboard, foil and even frying oils are recycled and our vegetable waste is used for compost.

# Blue Sky

Café ~ Tŷ Bwyta

## FOOD

Breakfasts served 9.30am to 11.30am

Lunches from 11.30am to 4pm

Please take a look at our daily specials board situated above the counter

**BREAKFAST** served until 11.30am. Our meat comes from Jo & Adam at Cigydd Y Fali on Anglesey. They source responsibly & regularly buy from the island producers. Chicken, bacon & pork is always free range and the black pudding homemade. Eggs are organic and free range

### BLUE SKY BREAKFAST £8.95

2x sausages, 2x dry cure bacon, fried mushrooms, fried egg, black pudding, beans, toast & butter

### VEGGIE BREAKFAST (v) £8.45

2x veggie sausages, hash browns, fried mushrooms, grilled vine tomato, fried egg, beans, toast & butter

### ORGANIC SCRAMBLED EGGS ON TOAST £5.95

• Fried Mushrooms (v) £6.95

• Dry Cure Bacon £7.95

• Smashed Avocado & chilli flakes (v) £7.95

### AVOCADO SMASH (vegan with no feta) £7.50

Avocado, Anglesey Feta, tomato, pistachios, fresh mint, fresh lime, fresh chilli & sumac served on 2 slices of local oat bread toast with cashew cream

### BACON JAM & ORGANIC EGGS £6.95

Homemade bacon jam served on 2 slices of local oat bread toast with 2 fried eggs, fresh chilli, spring onions

### CHUNKY TOAST – brown or white £1.50

• with Homemade Jam / Marmalade 45p

### BUDDHA BOWLS (vegan available)

#### SABICH BOWL £6.95

Quinoa, Middle Eastern salad, fried aubergine, soft boiled egg, homemade spiced vegetable pickle, tahini soya yoghurt, pickles and pitta bread

#### FALAFEL BOWL (ask for vegan) £6.95

Falafel, quinoa, tomatoes, organic chickpea hummus, avocado, black sesame, yoghurt, lemon and pitta bread

#### SMOOTHIE BOWL £5.95

Raspberry & mango yoghurt, blueberry compote, goji berries, granola, banana, coconut, fresh mint

### BREAKFAST ROLLS ALL DAY £4.45

Served with a shot glass of Smoothie. White or brown roll then choose three items from the following list

• A Slice of Dry Cure Bacon • Local Sausage • Black Pudding • Fried Egg • Veggie Sausage • Hash Brown • Grilled Vine Tomato... Or order a Blue Sky BLT



Lunches served 11.30am-4.00pm

## SOUP See daily specials board

### HOMEMADE SOUP OF THE DAY (v)

Served with:

- ~ A wedge of local artisan bread or rice cakes £4.45
- ~ Chunky garlic bread £5.15
- ~ Blue Sky salad bowl, a chunk of Welsh Cheddar and a wedge of local artisan bread £7.15
- ~ Blue Sky salad bowl, a chunk of Welsh Cheddar and chunky garlic bread £8.25

### SOUP AND A SANDWICH

Add £1.95 to your sandwich (without coleslaw)

## SANDWICHES

On a choice of white or brown local artisan baked hand cut bread. Served with a pot of coleslaw.

### TOASTED... THE REUBEN £6.95

Pressed, toasted sandwich with Trealy Farm beef Pastrami, Gruyere cheese, home pickled cucumbers and Russian dressing

### TOASTED... THE GRILLED CHEESE (v) £6.95

Pressed, toasted sandwich with Welsh Cheddar, Mozzarella, Gruyere and Smoked Cheddar served with a home made tomato sauce

### AUBERGINE "BACON BUTTY" (vegan) £5.95

Aubergine "bacon", avocado, sweet potato crisps, sriracha and mixed leaves

### CHICKEN, SMOKED CHEDDAR & CHILLI JAM £5.95

Roasted free range chicken, smoked Cheddar, chilli jam and mixed leaves

### BLT £5.95

Two rashers of dry cure bacon, sliced vine tomatoes, mayonnaise and mixed leaves

### ORGANIC CHICKPEA HUMMUS (vegan) £5.95

Hummus, homemade caramelised onion and lemon pepper caper seasoning, sliced vine tomato and mixed leaves

### WELSH CHEDDAR (v) £5.95

Mature Cheddar & homemade spiced vegetable pickle

## BLUE SKY BURGERS

Made to our own recipe, served on a local artisan roll and Blue Sky chips, with a pot of coleslaw or daily salad.

**Healthier option:** Choose NO CHIPS & add a Blue Sky mixed salad!

### DOUBLE BACON CHEESE £11.95

2 x 5oz patties, dry cure bacon & melted Welsh Cheddar

### THE BACON JAM BURGER £11.95

5oz pattie, bacon jam, melted smoked cheddar, sweet potato crisps, sliced vine tomato and mixed leaves

### FRENCH £9.95

5oz pattie, lightly toasted garlic roll, melted Gruyere, caramelised onions & Dijon mustard

### CLASSIC £8.95

5oz pattie with red onion, sliced gherkin, mixed leaves, home pickled cucumber and a pot of relish

### LAMB KLEFTICO BURGER £10.95

Slow roasted Greek style lamb, Anglesey Feta, cherry tomatoes, red onion, cucumber, olive oil, oregano, mixed leaves and a pot of marinated olives

### PIG IN A BARM £9.95

Crispy Asian style rolled Welsh belly pork, soft boiled free range egg, spring onions and char siu

### THE DIRTY VEGAN (vegan) £9.95

Aubergine "bacon", vegan garlic mayo, hash browns, sliced vine tomato and mixed leaves

### PUN'BHAJI (vegan) £9.95

Curry mango tofu, homemade onion bhaji, homemade spiced vegetable pickle, tahini soya yoghurt, cucumber, red onion and mixed leaves

### "NEW STYLE" THAI TOFU (vegan) £9.95

Almond & sesame tofu, caramelised pineapple with a Thai style peanut & chilli sauce, spring onions, pickled chillies, fresh coriander and crispy rice noodles, sliced vine tomato and mixed leaves

All of our dishes are prepared with care, however we cannot guarantee that they do not contain traces of other products, as they are all prepared in the same kitchen.

## BLUE SKY CHEF SPECIALS

### MEZZE PLATTER (v) £12.95

Served on a bespoke olive wood board • Homemade Falafel • Tzatziki • Blue Sky organic chickpea hummus • Marinated olives • Homemade onion bhajis • Blue Sky mixed salad • Fried aubergine • Homemade spiced vegetable pickle • Pitta breads (2)

For a (vegan) platter replace tzatziki with relish

### THAI SWEET POTATO SALAD (v) £8.95

Roasted sweet potato, goji berries, peanuts, spring onion, fresh chilli, fresh coriander, rocket, black sesame, dressed with a Thai cashew cream and topped with crispy rice noodles & Sriracha. Choose from:

- Sesame and Almond Tofu (vegan)
- Chargrilled Halloumi
- Free range chicken

### WELSH RAREBIT BACON AND EGG £7.45

Homemade rarebit on local oat bread with 2 slices of dry cured bacon and an organic fried egg on top

### GREEK SALAD (v) £8.95

Anglesey Feta, cherry tomatoes, cucumber, red onion, mixed leaves, toasted walnuts, olives, Bangor honey, oregano and topped with a homemade lemon pepper caper seasoning and olive oil

## BLUE SKY BASKETS

All served with Blue Sky chips

**Healthier option:** Choose NO CHIPS & add a Blue Sky mixed salad

### CHICKEN IN A BASKET £8.25

Free range marinated chargrilled chicken breast pieces in a salad filled pitta bread

### FALAFEL IN A BASKET (vegan) £7.85

Homemade falafel in an Middle Eastern salad filled pitta bread

- Add a homemade sauce 45p
- Tzatziki • Tomato relish • Char siu • Vegan garlic mayo • Thai style peanut and chilli sauce

## LIGHTER BITES

### SABIGH BUDDHA BOWL (ask for vegan) £6.95

Quinoa, Middle Eastern salad, fried aubergine, soft boiled egg, homemade spiced vegetable pickle, tahini soya yoghurt, pickles and pitta bread

### FALAFEL BUDDHA BOWL (ask for vegan) £6.95

Falafel, quinoa, tomatoes, organic chickpea hummus, avocado, black sesame, yoghurt, lemon and pitta bread

### AVOCADO SMASH (vegan with no feta) £7.50

Avocado, Anglesey Feta, tomato, pistachios, fresh mint, fresh lime, fresh chilli & sumac served on 2 slices of local oat bread toast with cashew cream

### BACON JAM & ORGANIC EGGS £6.95

Homemade bacon jam served on 2 slices of local oat bread toast with 2 fried eggs, fresh chilli and spring onions

## SIDE DISHES

### BLUE SKY CHIPS Small/Large £1.95/£2.95

Sprinkled with Halen Môn (Anglesey Sea Salt)

### "NEW" SALT & PEPPER CHIPS £3.95

Our Blue Sky chips tossed in char siu sauce, chilli, garlic & spring onions. Delicious!

### ONION BHAJIS (vegan) £4.25

2 bhajis, curry drizzle, spring onions & a pot of homemade spiced vegetable pickle

### BLUE SKY DRESSED SALAD £2.45

### BLUE SKY SPECIAL DAILY SALAD £2.25

### ORGANIC CHICKPEA HUMMUS (vegan) £3.65

with warm pitta breads

### CHUNKY GARLIC BREAD (v) £2.00

### CHEESY GARLIC BREAD (v) £3.25

with melted Welsh Cheddar

### BLUE SKY MIXED, MARINATED OLIVES £2.50

### ARTISAN BREAD AND BUTTER £1.25

If you have a food intolerance, please ask about our ingredients at the counter