

## CHILDREN'S MENU

### CHILDRENS BREAKFAST £5.25

(Served until 11.30am) Local pork sausage, bacon, fried organic free range egg, baked beans & toast

### CHARGRILLED CHICKEN PITTA £5.95

Free range marinated chicken breast pieces in a salad filled pitta bread with Blue Sky Chips

### SAUSAGE, CHIPS & BEANS £4.95

Local pork sausages, Blue Sky chips & beans

### PASTA BOWL £3.95

Pasta with tomato pasta sauce or pesto sprinkled with grated Welsh Cheddar

### PITTA BREAD PIZZA £3.50

With tomato sauce, Welsh Cheddar & home baked honey roasted ham and a smiley face salad garnish

### SAUSAGE OR BACON ROLL £3.25

Two local sausages or two rashers of dry cure bacon

### KIDDIES SOUP IN A CUP £3.25

Our homemade soup of the day in a Blue Sky cup with a slice of oat bread and butter

### BLUE SKY ICE CREAM £2.55

Two scoops of vanilla ice cream & a chocolate flake

• add Marshmallows 30p

## CHILDREN'S DRINKS

### HOT CHOCOLATE £2.65

A miniature "the works" in a cup with whipped cream, marshmallows and a flake

### BAMBINO CAPPUCINO 95p

Frothy warmed milk in a 6oz cup with chocolate sprinkles

### CLOUDY APPLE OR ORANGE JUICE £1.25

### BLACKCURRANT/ORANGE SQUASH 95p

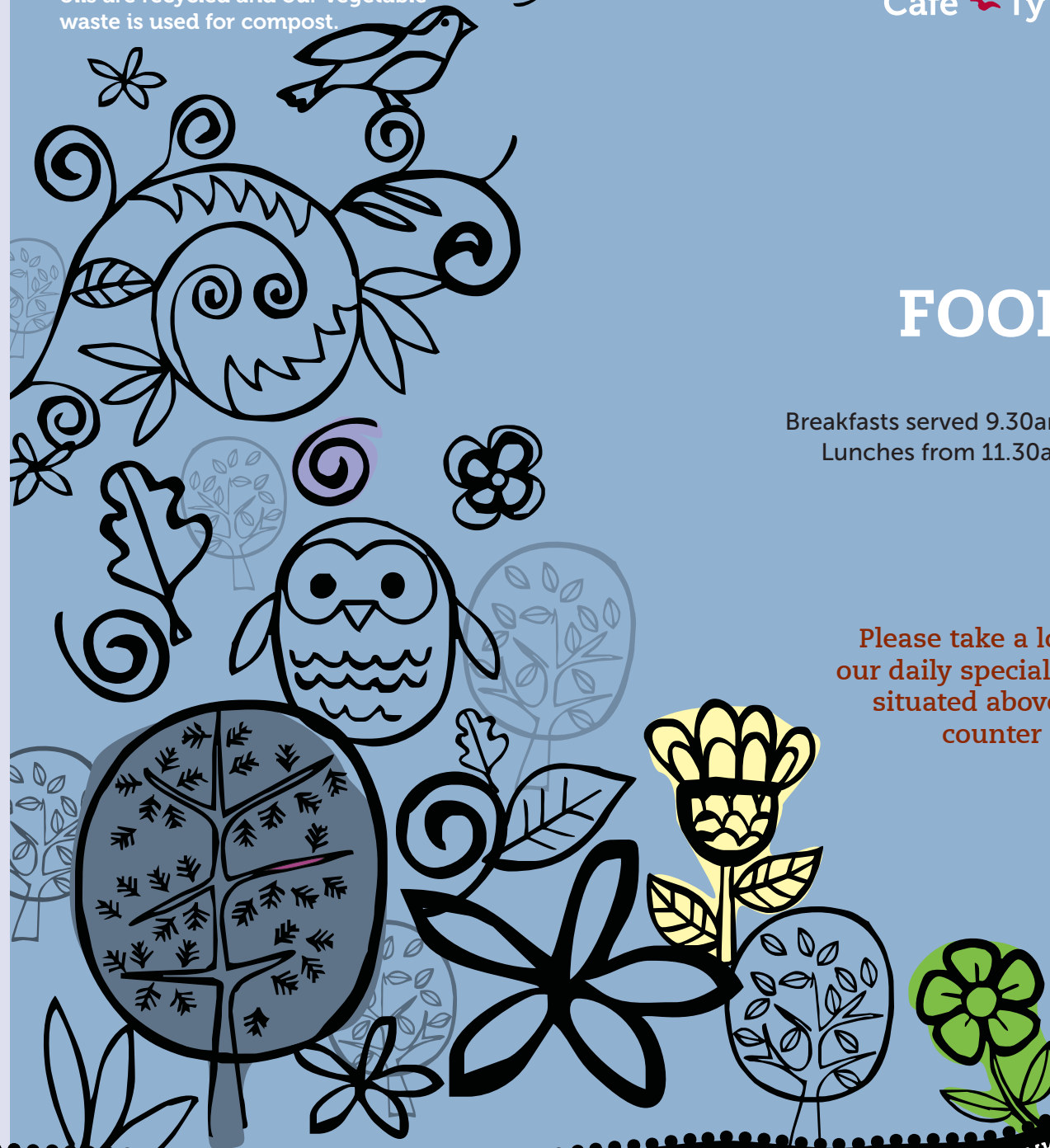
### GLASS OF MILK 95p

### DAIONI ORGANIC MILKSHAKES £1.75

Good food is created with love and care, with respect for the producers and for the environment. That's why here at Blue Sky we try our very best to source food that is socially and environmentally sustainable.

Chrissy, Matt and the Blue Sky team bring this all together to serve you food that is imaginative, tasty and wholesome

All our cans, papers, magazines, bottles, cartons, cardboard, foil and even frying oils are recycled and our vegetable waste is used for compost.



## FOOD

Breakfasts served 9.30am to 11.30am

Lunches from 11.30am to 4pm

Please take a look at our daily specials board situated above the counter

## BREAKFAST served until 11.30am

Organic free range eggs

### BLUE SKY BREAKFAST £8.95

2x local sausages, 2x dry cure bacon, fried mushrooms, fried egg, Bury black pudding, beans, toast & butter

### VEGGIE BREAKFAST (v) £8.25

2x veggie sausages, hash browns, fried mushrooms, grilled vine tomato, fried egg, beans, toast & butter

### MIDDLE EASTERN BREAKFAST £6.95

Homemade falafel, homemade organic chickpea hummus, Welsh yoghurt with Bangor honey, pistachios, za'atar and fresh mint, warm pitta breads (vegan available)

### ORGANIC SCRAMBLED EGGS ON TOAST £5.95

• Fried Mushrooms (v) £6.95

• Dry Cure Bacon £7.95

• Smashed Avocado & chilli flakes (v) £7.95

### AVOCADO SMASH (vegan with no feta) £7.50

Avocado, Anglesey Feta, tomato, pistachios, fresh mint, fresh lime, fresh chilli & sumac served on 2 slices of local oat bread toast with cashew cream

### BACON JAM & ORGANIC EGGS £6.95

Homemade bacon jam (yes really! It's delicious) served on 2 slices of local oat bread toast with 2 fried eggs, fresh chilli and spring onions

### HOMEMADE OAT, BANANA AND CHIA SEED WAFFLES £7.25

• Dry cure bacon, banana, maple & pecan

• Banana, fruit compote & clotted cream

• Banana, fruit compote & soya yoghurt (vegan)

### BREAKFAST SUNDAE (vegan available) £5.95

Blueberry & apple compote layered with Llaeth y Llan natural yoghurt, homemade granola and pistachios

### TOAST £1.50

A chunky slice of local bread – brown or white

• with Homemade Jam / Marmalade 45p

### BREAKFAST ROLLS £4.35

SERVED ALL DAY

Served with a shot glass of Smoothie. White or brown roll then choose three items from the following list

• A Slice of Dry Cure Bacon • Local Sausage

• Bury Black Pudding • Fried Egg • Veggie Sausage

• Hash Brown • Grilled Vine Tomato...

Or order a Blue Sky BLT



Lunches served 11.30am-4.00pm

## SOUP

See daily specials board

### HOMEMADE SOUP OF THE DAY (v)

Served with:

- ~ A wedge of local artisan bread or rice cakes £4.45
- ~ Chunky garlic bread £5.15
- ~ Blue Sky salad bowl, a chunk of Welsh Cheddar and a wedge of local artisan bread £7.15
- ~ Blue Sky salad bowl, a chunk of Welsh Cheddar and chunky garlic bread £8.25

### SOUP AND A SANDWICH

Add £1.95 to your sandwich (without coleslaw)

## SANDWICHES

Served with a pot of coleslaw on a choice of white or brown local artisan baked hand cut bread

### TOASTED... THE REUBEN £6.95

Pressed, toasted sandwich with Trealy Farm beef Pastrami, Gruyere cheese, home pickled cucumbers and Russian dressing

### TOASTED... THE GRILLED CHEESE (v) £6.95

Pressed, toasted sandwich with Welsh Cheddar, Mozzarella, Gruyere and organic Manchego served with a home made tomato sauce

### HAM JAM & PICKLES £5.95

Honey and mustard baked ham, homemade onion marmalade, home pickled cucumber, mixed leaves and sliced vine tomato

### CHICKEN, SMOKED CHEDDAR & CHILLI JAM £5.95

Roasted free range chicken, smoked Cheddar, chilli jam and mixed leaves

### BLT £5.95

Two rashers of dry cure bacon, sliced vine tomatoes, mayonnaise & mixed leaves

### ORGANIC CHICKPEA HUMMUS (vegan) £5.25

Homemade hummus, roasted butternut squash, home pickled beetroot & rocket

### WELSH CHEDDAR (v) £5.25

Cheddar, homemade chutney & red onion

## BLUE SKY BURGERS

Made to our own recipe using the finest Welsh beef and served on a local artisan baked roll with a pot of homemade coleslaw and Blue Sky chips.

**Healthier option:** Choose NO CHIPS & add a Blue Sky mixed salad!

### DOUBLE BACON CHEESE £11.95

2 x 5oz patties, dry cure bacon & melted Welsh Cheddar

### SPANISH £10.95

5oz pattie on a lightly toasted garlic & Paprika roll with melted Manchego cheese, Trealy Farm chorizo, Romesco sauce, sliced vine tomato and mixed leaves

### WELSH £10.95

5oz pattie, dry cure bacon, Organic Perl Wen cheese and homemade onion marmalade

### FRENCH £9.95

5oz pattie, lightly toasted garlic roll, melted Gruyere, homemade onion marmalade & Dijon mustard

### CLASSIC £8.95

5oz pattie with red onion, sliced gherkin, mixed leaves, home pickled cucumber and a pot of relish

### NUT ROAST BURGER (vegan) £9.25

Homemade parsnip & cashew nut roast, homemade onion marmalade, home pickled beetroot, sliced vine tomato and mixed leaves

### THAI STYLE TOFU (vegan) £8.95

Almond & sesame tofu, caramelised pineapple with a Thai style peanut & chilli sauce, sliced vine tomato, red onion and mixed leaves

## BLUE SKY BASKETS

All served with Blue Sky chips and a choice of homemade tomato relish or tzatziki

**Healthier option:** Choose NO CHIPS & add a Blue Sky mixed salad!

### CHICKEN IN A BASKET £8.25

Free range marinated chargrilled chicken breast pieces in a salad filled pitta bread

### FALAFEL IN A BASKET (vegan) £7.85

Homemade falafel in a salad filled pitta bread

### • Add Organic Chickpea Hummus

to any basket meal 95p

## BLUE SKY CHEF SPECIALS

### BLUE SKY WELSH PLATTER £14.95

Served on a bespoke olive wood board. Trealy Farm pastrami & chorizo, organic Perl Wen, Anglesey goat feta, home pickled cucumbers and beetroot, homemade chutney, dressed salad & local artisan bread

### MEZZE PLATTER (v) £12.95

Served on a bespoke olive wood board • Homemade Falafel • Tzatziki • Blue Sky organic chickpea hummus • Marinated olives • Homemade onion bhajis • Blue Sky mixed salad • Harissa • Roasted butternut squash • Pitta breads (2)

For a (vegan) platter replace tzatziki with relish

### WINTER SALAD (v)

A warm salad of roasted butternut squash, home pickled beetroot, black chick peas, roasted onion, toasted almonds with a Romesco dressing, sultanas & lemon

### • Sesame and Almond Tofu £8.45

### • Chargrilled Halloumi £8.45

### CHICKEN & CHORIZO STEW £7.95

Homemade stew with lentils, free range chicken, sweet potato, carrots & courgette, served with a wedge of Paprika garlic bread

### WELSH RAREBIT WITH HAM & EGG £7.45

Homemade rarebit on local artisan bread with slices of home baked honey roast ham and an organic fried egg on top!

### SPICY CHICKEN & MANGO SALAD £8.95

Roasted free range chicken, mango, home pickled jalepenos, mixed leaves, cherry tomatoes, spring onion, red pepper, fresh coriander, fresh lime, crushed nachos & a Romesco dressing

### Why not add...

### • Chips small/large £1.95/£2.95

### • Blue Sky Dressed Salad £2.45

### • Blue Sky Special Daily Salad £2.25

### • Artisan Bread & Butter £1.25

## LIGHTER BITES

### LAMB FLATBREADS £7.95

Moroccan spiced Welsh Lamb slow cooked in Fentimans ginger beer, pulled and served on homemade flatbreads with harissa, pistachios, yoghurt, fresh mint and salad

### LENTILS AND BHAJIS (vegan with soya yog) £7.25

Slow cooked curried lentils with homemade onion Bhajis, yoghurt and toasted almonds

### MINI MEZZE (vegan without the tzatziki) £6.95

Blue Sky falafel, pitta bread, Blue Sky organic chickpea hummus, tzatziki, harissa, salad garnish

### AVOCADO SMASH (vegan with no feta) £7.50

Avocado, Anglesey Feta, tomato, pistachios, fresh mint, fresh lime, fresh chilli & sumac served on 2 slices of local oat bread toast with cashew cream

### BACON JAM & ORGANIC EGGS £6.95

Homemade bacon jam (yes really! It's delicious) served on 2 slices of local oat bread toast with 2 fried eggs, fresh chilli and spring onions

## SIDE DISHES

### BLUE SKY CHIPS Small/Large £1.95/£2.95

Sprinkled with Halen Môn (Anglesey Sea Salt)

### SALT & PEPPER CHIPS £3.95

Our Blue Sky chips tossed with chilli. Garlic & spring onions

### BLUE SKY DRESSED SALAD £2.45

### BLUE SKY SPECIAL DAILY SALAD £2.25

### BLUE SKY ORGANIC CHICKPEA HUMMUS

(vegan) with warm pitta breads £3.65

### CHUNKY GARLIC BREAD (v) £2.00

### CHEESY GARLIC BREAD (v) £3.25

with melted Welsh Cheddar

### BLUE SKY MIXED, MARINATED OLIVES £2.50

### ARTISAN BREAD AND BUTTER £1.25

All of our dishes are prepared with care, however we cannot guarantee that they do not contain traces of other products, as they are all prepared in the same kitchen.

If you have a food intolerance, please ask about our ingredients at the counter